

## **INDIVIDUAL & GROUP HEALTH EDUCATION**

Individual and group health education programme was conducted by 4<sup>th</sup> year B.Sc (N) students. This programme was conducted to give mainly health awareness, develop health attitude to promote the health and prevent the disease and also to improve the general conditions of the population who are living in particular geographical area. The students were given health education based on their need assessment of individual, families and community. The topics were dengue fever, chicken pox, food poisoning, health equity, substance abuse, environmental sanitation, malnutrition, diarrhea, food safety etc through different A.V.aids like flash card, chart, flip chart, pamphlet, leaflet etc. The programme was ended by thanking the members of community for their great co-operation.